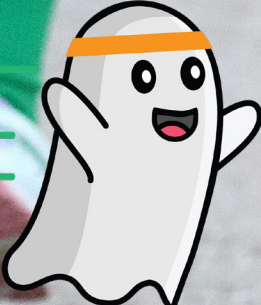
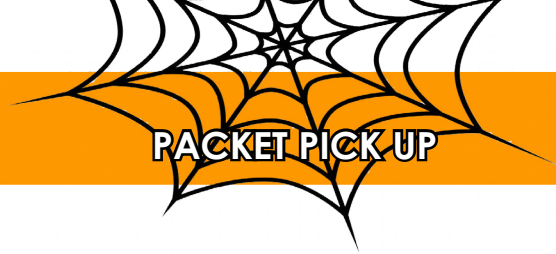




**5TH
ANNUAL**
BOO DASH FUN RUN
KIDS K
& 5K

Saturday
October 28, 2023
Clear Lake, TX

BOO DASH  FUN RUN



PACKET PICK-UP DAY AND TIME

Friday, October 27

11 AM – 4 PM

On the Run Clear Lake
2427 Bay Area Blvd
Houston, TX 77058
281-480-5388

Please be prepared to give volunteers **THE EXACT NAME YOU REGISTERED UNDER**, not your bib name, nickname, maiden or married name if you did not use it to register.

YOU MAY PICK UP ANOTHER'S PACKET with their permission; you only need the exact name they registered under.

RACE DAY PACKET PICK-UP

Clear Lake Recreation and Community Center
16511 Diana Lane
Houston, TX 77062

SATURDAY, OCTOBER 28

Pick-Up Time: starts at 4:00 PM (near Start Area)

PLEASE NOTE: The time before the race is hectic and we have only so many volunteers to help. If you wait until race day to pick up your packet, contents are not guaranteed. Arrive early enough before the race to check your bag and to attach your chip and bib. Picking up your packet during scheduled packet pick-up times in advance is **ALWAYS** preferable, both for you, and for everyone on race morning.



new balance

Independent since 1906, we empower people through sport and craftsmanship to create positive change in communities around the world



PARKING

Race Location

Clear Lake Recreation and Community Center

16511 Diana Lane
Houston, Texas 77062
(near El Camino and Bay Area Blvd.)



Race Parking Location

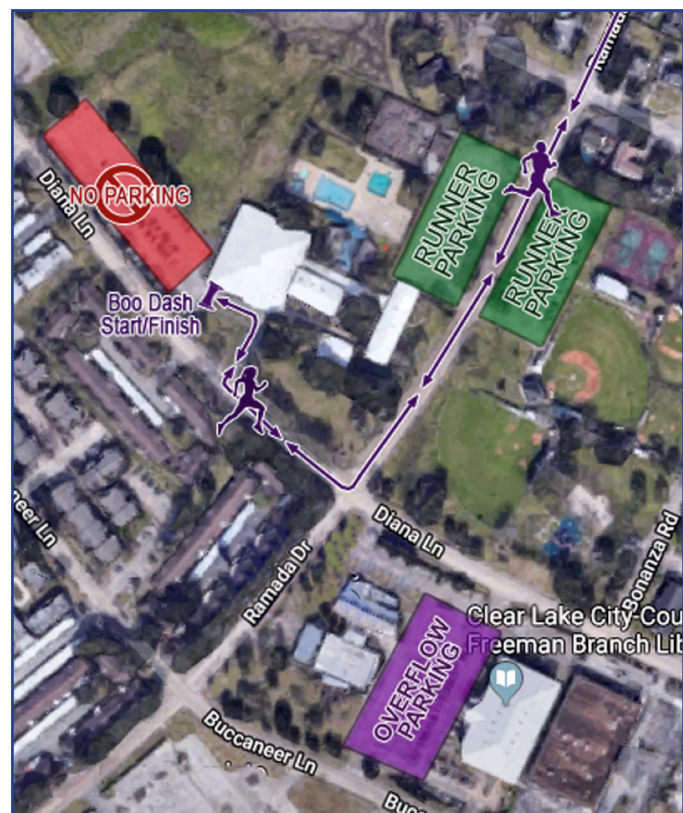
Runner Parking

Clear Lake Recreation & Community Center

Overflow Runner Parking

Clear Lake City County Freeman Library
16616 Diana Lane, Houston, Texas 77062

Runner parking is located in the lot on Diana Lane associated with the Clear Lake Recreation and Community Center. Overflow parking is down the street (Diana Lane) in the Clear Lake City-County Freeman Library parking lot.



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SCHEDULE

SCHEDULE OF EVENTS

OCT. 28, 2023

Start Times

- 5:00 PM** Kids K
- 5:15 PM** 5K
- 6:45 PM** Course closes (90 min. time limit)
- 6:45 PM** Post Race Party

An official race photographer will be on the course and at the finish.



WELCOME TO THE BOO DASH 5K AND KIDS 1K

Don't be scared! But do Run!

The Boo Dash is back! Running Alliance Sport is ~~chilled~~ *thrilled* to bring back this family-friendly Halloween 5K, and now we start closer to sunset for the perfect atmosphere! Your little creatures can run the 1K – it won't be scary, we promise! Wear family-friendly costumes and compete in the Costume Contest. Ghouls and goblins get some treats (and a finisher's medal) while celebrating the changing of the seasons in frightful fashion!





PRE RACE

Timing Chip

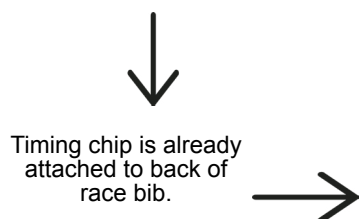
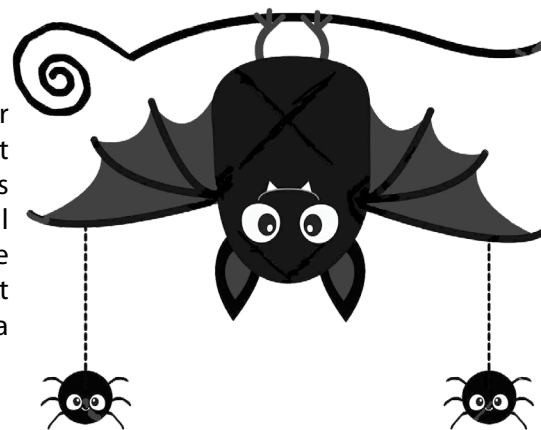
Your timing chip is already attached to the back of your race bib. Please use the pins provided in your packet to secure your bib to the FRONT of your shirt.

Do not bend or fold your bib.

The timing chip is disposable and does not need to be removed or returned to us after the race.

NO BIB, NO TIME!

All participants must wear their bib on the front in a way that it can be seen by course officials in order to receive an official finish time when crossing the finish line. If you lose or forget your bib on race day there is a \$10 replacement fee.



Timing chip is already attached to back of race bib.



Bib, Transfers, and Timing

- Running with a bib not registered in your name will result in a two year suspension.
- All participants must wear their bib on the front in a way that it can be seen by course officials. Non-registered runners and/or bandit runners will be removed from the course. No one will be allowed to finish the race without a bib.
- Do not fold your bib, it will affect results and timing.
- Transfers are available for \$10 at bib pickup and race day.



EVERY SEASON STARTS AT



Speedy's Fast Track



www.houstonfasttrack.com

October 28, 2023

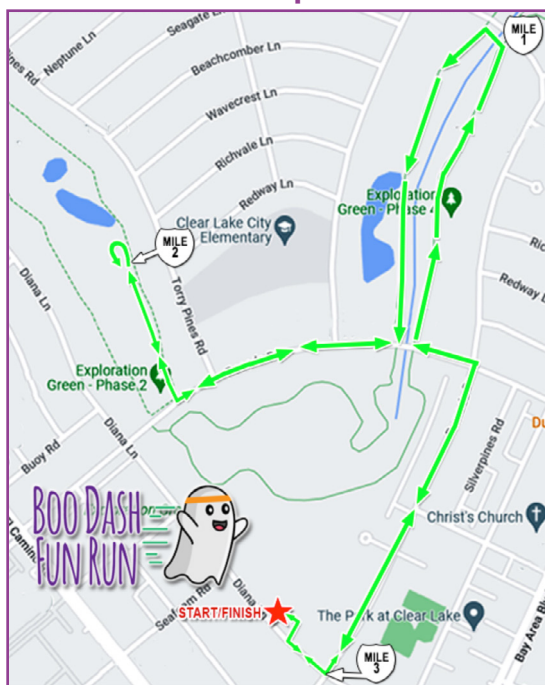
<http://boodash.org>



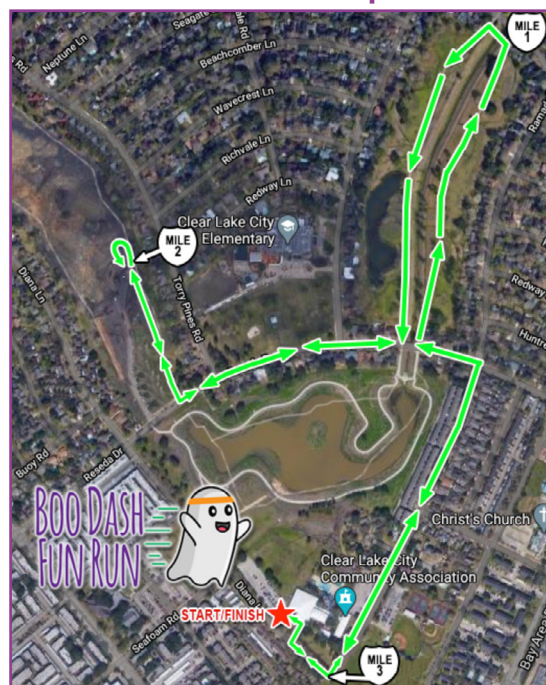
THE RACE COURSES

5K Race Course

Map

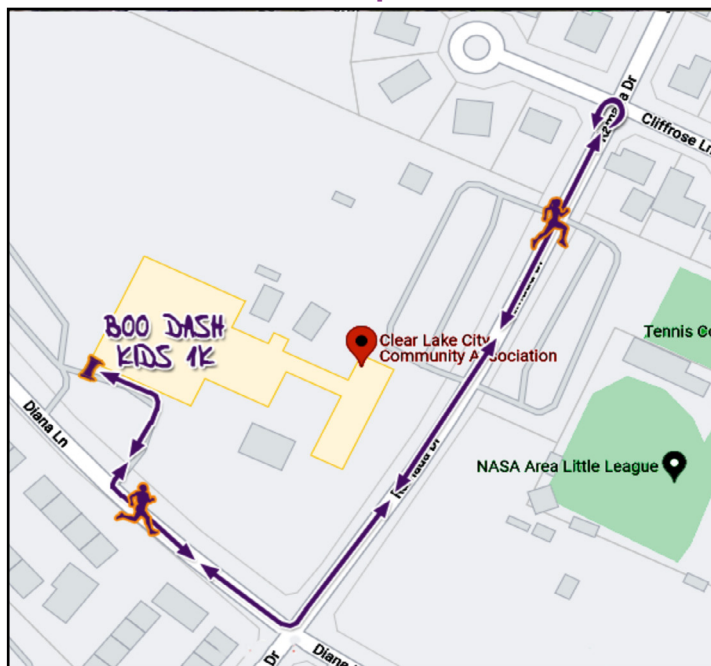


Virtual Map

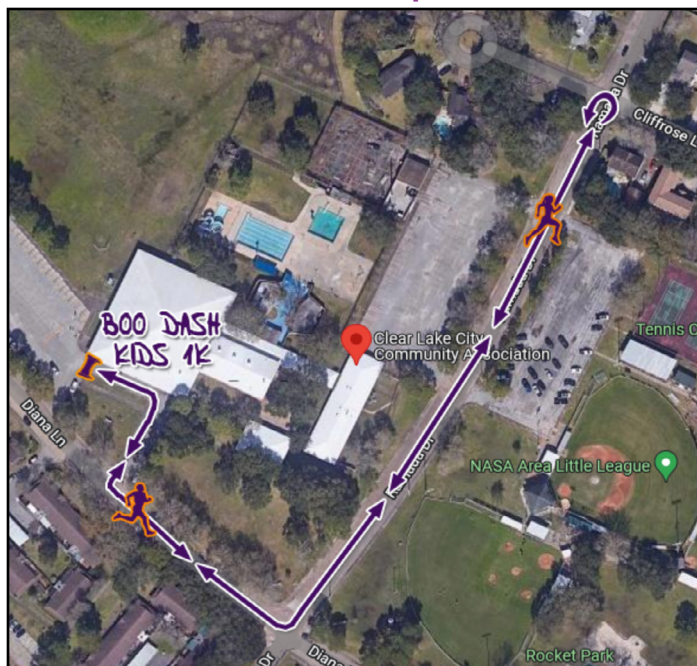


Kids 1K Race Course

Map



Virtual Map



Frequently Asked Questions

Q: Where does the race start?

A: Race starts at the Clear Lake Recreation and Community Center, 16511 Diana Lane. See course map on page 7.

Q: What time should I be at the race?

A: If you are picking up your packet on Race Day, packet pick-up is at 4PM. Please allow extra time to find parking. Arrive early. Race day could be hectic.

Q: Is there somewhere on the website that shows the route of the race?

A: Yes, see course map on page 7.

Q: What is the race time limit, and it is a hard limit?

A: The time limit is 90 minutes for the 5K. The Kids K is not a timed race.

Q: Where should I park?

See parking map on page 3.

Q: Where is packet pick-up?

A: Please check out the Packet Pick-Up info on page 2.

Q: Can I register for packet pickup on RACE DAY?

A: Yes, If there are slots available, but we can't guarantee shirt/goodies bag.

Q: Can I pick up my friend's packet?

A: Yes, you will need the name they registered under.

Q: Will there be a place to leave a drop bag for the race?

A: No.

Q: Is there an age limit?

A: The minimum age for the 5K is 6, years, and we do need the signature of a consenting parent or guardian. 5K runners under the age of 12 must be accompanied by an adult. There is no age limit for the Kids 1K.

Q: Where do I get my timing chip?

A: Timing chip is attached to your bib, which will be included in your packet. **Do not bend or fold your bib**, this can interfere with getting a correct time. **Participants must wear their bib on the front** in a way that it can be seen by course officials. Do not forget your bib on race morning. **NO BIB, NO TIME**. If you forget your bib, you will need to pay \$10 to replace it.

Q: What if I forget my chip or bib at home?

A: If you lose or forget your bib, there will be a \$10 charge to reissue you a new bib.

Q: The shirt in my packet doesn't fit, can I exchange it for a different size?

A: We post deadlines for both bib name and shirt size selection, and order shirts in advance according to what you selected if you registered by those deadlines. We estimate the remainder. If we have any extras after the race, you are welcome to exchange, but if the race fills, extras for exchange are unlikely.

Q: Do you accept credit cards at Packet Pick-up and Race Day registration?

A: We sure do!

Q: What is the race etiquette?

A: Line up at the starting line according to how fast you plan to run or walk the event. Slower runners and walkers should move to the back of the race pack. Run or walk no more than two abreast. Keep moving after you cross the finish line. Results will be posted on-site and also at the race website.

Q: Does this race award a medal to finishers?

A: Yes, every finisher gets a medal.

Q: Will there be a post-race party?

A: Definitely! See pages 12-14.

Q: Will there be a race photographer?

A: There will be an official race photographer. Make sure you smile for the photographer! Smiley faces will likely end up on our Facebook page and/or on our marketing materials.



Frequently Asked Questions

Q. I registered but now I can't make it, can I get a refund or defer my registration to next year?

A. There is NO RAINCHECK for this event. Your entry fee for this year's event CANNOT be transferred to next year's event, and there are NO REFUNDS, no exceptions. This policy stays in effect whether you are injured, have an unexpected business or family emergency, pregnancy, etc. There are NO exceptions. Seriously.

You CAN donate your entry to charity, you will get a cash donation receipt. Just let us know!

You can transfer your entry to another person for free before the bib name deadline, for \$10 while online registration is open and at Packet Pick-Up, and \$15 on race day. Please contact us to do so.

PLEASE NOTE that there is an immediate disqualification for anyone who runs under another person's bib other than the person of record.

Q. Okay, but can you mail my race packet to me or can I pickup my packet after the race, even though I'm not going to run?

A. No. All unclaimed race packets will be given to late registrants at the race.

Q. I left early, but it looks like I won an award. Can you mail it to me?

A. No, we do not mail out awards after the race. You may be able to pick up your award at a designated location, usually one of the packet pick-up spots. Check with us via the Contact form.

Q. Will there be water stations?

A: Yes, there will be one water station along the 5K race course, in addition to the start/finish water station.

Q. Can I wear headphones?

A. The RRCA (our insurance provider) has a written guideline against the use of personal music devices in running events, as such we strongly discourage the use of headphones in our races. However, if you do choose to wear them we ask you use only one earbud.

Q. Are baby joggers/strollers allowed?

A. Yes, please be aware and stay clear of other runners.

Q. Can I have my favorite pet/dog run with me?

A: Yes. No retractable leash, please be aware and stay clear of other runners.

Q. Will there be Port-a-potties on the course?

A. Yes, at start and finish area.

Q. I'm running, can my spouse/family volunteer?

A. Yes, we can use all the help we can get. They can sign up for the volunteer schedule here.

Q. When will the race results be posted?

A. Usually the same day on our website, barring unforeseen acts of providence.

Q. Why does all this seem strangely familiar?

A. We are Running Alliance Sport, visit our site to see the list of our races! Our motto is, For Runners, by Runners!



WEATHER CONTINGENCIES: IN CASE OF BAD WEATHER

RAIN

The event will NOT be canceled due to rain alone unless the downpour is such that athletes, police, and volunteers lose visibility making situations unsafe. If this occurs we will wait until the rain subsides and follow the same procedure listed for lightning conditions (minus the 30-minute rule). Athletes will be informed of such a change via announcements on race morning.

LIGHTNING

In the event of lightning the race will be postponed by 30 minutes every time lightning is spotted and thunder is heard within 6 miles of the event. Please note that every time lightning strikes and thunder is heard within 6 miles of the race site we must delay the start by 30 minutes.

TORNADO WARNING

If at anytime before (race morning close to starting time) or during the event, a tornado warning is issued, the race will be canceled.

ON COURSE CANCELLATION

If the race is canceled due to storms (lightning and/or excessive rain) or tornado warnings while it is in progress we will do everything in our power to alert everyone on the course. All police, SAG, and medical personnel will be made aware and do all they can to warn and SAG in all participants. We will also do everything in our power to assist those that are still on course. Those that are on course without means of rescue should seek immediate shelter via open stores, buildings, garages, homes and/or any other means of protection from the dangerous conditions. If it gets worse and we are not there to help you off the course please do everything you can to keep yourself safe and take shelter.

Because of agreements with the Texas Department of Transportation and various municipalities regarding a fixed amount of time to have roads closed or in use or the time of public safety or law enforcement officials, Running Alliance Sport, at any time, reserves the right to shorten the distance of any of its races to comply, especially in dealing with inclement weather conditions that may make any course unavailable or unsuitable for runner participation.



CLEAR LAKE
2427 Bay Area Blvd
Houston, TX 77058
281.480.5388

BEAUMONT
227 Dowlen Rd, Ste 6B
Beaumont, TX 77706
409.861.1595

<https://ontheruntx.com>

Texas' Premier Running Specialty Stores



We are Houston, TX based shoe sellers, runners & triathletes that are all about a great fit, great quality and great customer service. Founded in 2003, we specialize in gait analysis and have a combined 30+ years experience fitting runners and walkers of all skill levels and injury types. We also work closely with a number of local Clear Lake/ League City/ Houston area running and multisport clubs. Come by and see us!



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18650 GULF FWY,
FRIENDSWOOD, TX 77546

(832) 415-1934

Scan QR Code For Our
Local Experiences



Awards for 5K

Top overall males and females in each race, plus top three in the following age groups, will each receive a special commemorative award:

9 and under	35-39	65-69
10-14	40-44	70-74
15-19	45-49	75-79
20-24	50-54	80-84
25-29	55-59	85-89
30-34	60-64	90-94

All results are based on chip time.

Awards for Kids 1K

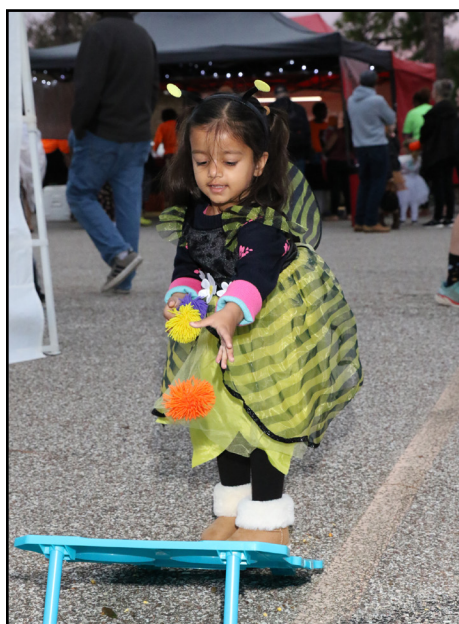
All participating kids will receive a finisher medal.



POST RACE PARTY

After you cross the Finish Line join us for the post race party.

There will be Treats, Beer, Sodas, Water and, of course, a Costume Contest! Awards, Give-a-ways & FUN!!! Then hang around for the **Fall Festival** and **Glow-the-Green** as part of this **Monster** three-in-one **Bash**.



POST RACE PARTY

Costume Contest



BOO DASH COSTUME CONTEST

WE ENCOURAGE ALL RUNNERS TO DRESS IN COSTUME (PETS INCLUDED).

CONTEST RULES:

The contest will start after the awards ceremony.

All contest participants must be registered for the race. This includes wearing your bib during the race and contest.

Costumes must be worn while running the entire race. Part of the fun of wearing a costume is by making others smile on the race course. Plus you'll have the best race pictures ever.

AUDIENCE APPLAUSE:

We will call to the stage Mens, Womens, Kids, and conclude with the Group contest.

GROUPS:

Groups will consist of 2-12 runners and may not include someone participating in the mens or womens category (you can not participate in more than one).

SPEEDY'S FAST TRACK

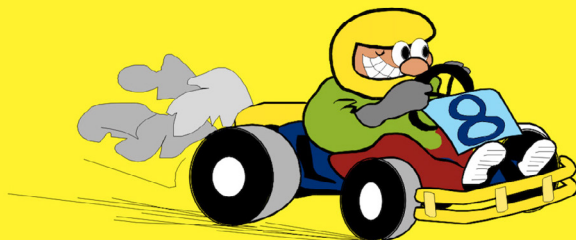
Family Entertainment Center

Arcade, Go-Karts, Miniature Golf & Laser Tag



11440 Hempstead Road • Houston, TX. 77092-7104 • 713-957-8803 • www.houstonfasttrack.com

**OPEN FOR PARTIES
365 DAYS A YEAR
INCLUDING ALL HOLIDAYS**



Business Hours

**Sunday - Thursday
12:00pm - 10:00pm**

**Friday & Saturday
12:00pm - 12:00am**

Hours subject to change without notice

CLCCA, Exploration Green Conservancy, and Running Alliance Sport
Present

FALL FESTIVITIES



Saturday, October 28, 2023 @ Clear Lake Recreation Center and Exploration Green
16205 Diana Lane, Houston, Texas 77062

5:00 PM Kids 1K Fun Run
5:15 PM Boo Dash 5K Fun Run
5:30 PM Fall Fest
6:30 PM Glow-The-Green

Petting Zoo, Train Rides, Haunted House,
Crafts, Games, Food Trucks, Local Vendors
Trick or Treat around hundreds of luminaries



RAS

Running Alliance Sport

MILES FOR A MILLION

For the last several years, Running Alliance Sport has been involved in a campaign to raise a million dollars for charity. We called it our Miles for a Million Campaign, and every runner in our races has contributed, as well as so many others. In 2022 we did it! RAS runners, contributors, sponsors and friends have raised ONE MILLION DOLLARS for our charity beneficiaries! In 2023, we are renewing the campaign. Please help us raise the next \$1 million!

About Us

Calling the greater Houston area home, Running Alliance Sport (RAS) is a not-for-profit event production company that has a passion for producing quality running events which in turn support local communities and its charities. RAS successfully works with city governments in Seabrook, Nassau Bay, Kemah, La Porte, Baytown, Galveston and Tiki Island to produce eight races annually from March to November that engages nearly 500 volunteers, sends over 10,000 runners and walkers across finish lines and has donated over \$1 million to local charities since its inception in 2011. For more information, please visit runningalliancesport.org.

Net proceeds from the Boo Dash 5K Fun Run go to the INEOS ICAN Foundation.

"The mission of the INEOS ICAN Foundation is simple: "Give kids a chance to grow up healthier and better educated." To learn more about the INEOS ICAN Foundation and how you can help, visit their website at <https://icanfoundationtx.org>.





Our mission is simple:
Give kids a chance to grow up
healthier and better educated.



OUR SPONSORS

thank you to our SPONSORS!



Clear Lake City
Community Association



Independent since 1906, we empower people through sport and craftsmanship to create positive change in communities around the world.

EVERY SEASON STARTS AT



Speedy's Fast Track



www.houstonfasttrack.com

Official Race Photos will be available at www.RaceShots.net



Clear Lake
INTEGRATIVE MEDICINE





VETERAN'S DAY FUN RUN & RUCK

Join us for a 5K Fun Run & Kids 1K Fun Run to salute to the brave men and women who've proudly served our nation in the military. Up the ante by grabbing your pack for a ruck!



Sign up for the run!

\$30 for 5K Runs | \$10 for Kid's 1K



Saturday, November 11, 2023

8:00 a.m. start time



Mont Belvieu City Park

10900 Eagle Drive, Mont Belvieu, TX

www.cc-va.org

